

# Empower You Therapy & Coaching, LLC

Ania Scanlan, JD, MA  
1711 W. County Rd B, Ste 108S, Roseville, MN 55113  
612-808-0953 | [ania@empoweryoutc.com](mailto:ania@empoweryoutc.com) | [www.empoweryoutc.com](http://www.empoweryoutc.com)

## Release of Information

Client's Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Home Street Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

### I authorize Empower You Therapy & Coaching, LLC, and Ania Scanlan, JD, MA to:

\_\_\_ disclose information to \_\_\_ obtain information from \_\_\_ exchange information with  
the following people and/or agencies:

Name of Person: \_\_\_\_\_

Name of Agency (if applicable): \_\_\_\_\_

Relationship to Client: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

**Information to be Released** (initial by the information you would like to have disclosed/obtained/  
exchanged):

\_\_\_ Psychiatric history summary \_\_\_ Case / session notes \_\_\_ Verbal case consultation

\_\_\_ Psychological testing \_\_\_ Social / Family history summary

\_\_\_ Medical history summary \_\_\_ Financial / billing summary

\_\_\_ Other: \_\_\_\_\_

The purpose of this disclosure is: \_\_\_\_\_

I understand that I have the right to inspect and receive a copy of the information to be disclosed. This consent is given by me voluntarily. I understand that treatment services are not contingent on whether I sign this form. I may revoke this authorization at any time, except to the extent that information already released pursuant to this consent cannot be recalled. This consent will end one year from the date this form was signed by me, unless I indicate an earlier date or event: Date: \_\_\_\_\_

Event: \_\_\_\_\_

\_\_\_\_\_  
Client / Parent / Guardian Signature

\_\_\_\_\_  
Date Signed